



PROFILE

HELGA JOHANNA ODDSDOTTIR



EXECUTIVE SUMMARY

As an experienced Senior HR and Operations manager for the past 15 years Helga has held various high level manager positions. Since 2012 she has focused on leadership development and executive coaching. In 2015 she became Managing Director of Strategic Leadership ehf. in Iceland.

QUALIFICATIONS

- Corporate Governance Diploma from Reykjavik University (2015)
- Certified NLP Practitioner Coach (2013)
- Executive Coaching Certification- Corporate CoachU (2012)
- ACC Executive Coach- ICF (2013)
- M.Sc., University of Iceland, Management and Strategy (2005)
- B.Sc., University of Iceland, Management (1998)
- Native language, Icelandic, fluent in English and German
- Years of management experience: 15+

AREAS OF SPECIALTY

Executive Coaching & Leadership Development

Helga has been an active trainer and coach since 2012. Before that she included training and development into her positions as a senior HR manager. Helga is passionate about the change in vision and action coaching can bring and enjoys seeing executives and their teams reaching their full potential. Her one-on-one clients count over 100 for the past years and include mainly executives and C-level managers in various industries in Iceland.

HR Management and Change Leadership

Helga has much experience in assisting companies in HR related matters and leading change. Her focus is mainly on employee involvement and how change can be implemented without unnecessary resistance of employees that are involved in the process.

CLIENTS

In the past years, Helga has trained and coached executives from companies such as; Arion Bank, Elmskip Ltd., Isavia, Marel, Landsbanki, the City of Reykjavik and many more.



STRATEGIC LEADERSHIP

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